

# Prayer Ideas for Lent 2009

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Have a new purple candle for this season of Lent. Light it with an opening prayer each week. "Dear Jesus, be with us as we journey with you through Lent."

You will need a small toy car, and a chalkboard or a white board that the car can travel along each week. If not, a large piece of paper that you can draw a road map on and that the car will move along.

(Each week you will draw an additional sign along a road for the car to travel along ending at the far end of the chalkboard or paper on the 5<sup>th</sup> Sunday of Lent, just past the 5<sup>th</sup> sign with a cave. You may also cut the road signs at the end of this document)

## 1<sup>st</sup> Sunday of Lent

Draw a set of traffic lights on a pole with light rays coming from the green light, place it a little ways along the road. One child will move the little car to this spot.

Teacher says, "AWESOME – Sense the Light of Christ with you! Jesus we honour your mighty power! Dear Jesus we love you!"

(Have the children close their eyes for a moment of personal prayer).

## 2<sup>nd</sup> Sunday of Lent

Draw a STOP sign further along the road.

Have a different child move the car from last week's location to the stop sign. Teacher says, "CONFESS – I'm sorry! I am sorry Lord for all the hurt I have caused. (pause) I am sorry for all the unkind things I have done and said". (pause) Please forgive me."(pause)

(Have the children close their eyes for a moment of personal prayer).

## 3<sup>rd</sup> Sunday of Lent

Draw a YIELD sign.

Teacher says, "THANKS – Thanks Jesus for all those who love me. (pause) Thanks for my family, (pause), food (pause), clothes (pause), my warm home. (pause) But most of all Jesus, thank you that I know you love me! (pause) And that you died for me. (pause)

(Have the children close their eyes for a moment of personal prayer).

## 4<sup>th</sup> Sunday of Lent

Draw a railroad crossing sign. Draw some intercepting railway tracks.

"SHARE – We pray for others. We pray for the sick (pause). We pray for hungry children all around the world (pause). We pray for our prime minister. (pause) Our primate, (pause), our bishop. our teachers, (pause), our family. Help us always to think of others.

(Have the children close their eyes for a moment of personal prayer)

## 5<sup>th</sup> Sunday of Lent

Draw a “bumps ahead” sign.

“Popcorn Prayer”. Have all the children sitting. They “pop” up one at a time with a prayer intention as quick as they can! From animals to different foods, to all the many things they had prayed for in the past weeks of Lent. Start by saying “let’s see how long we can keep popcorn popping”. Let them think quietly to themselves for a minute before you start this fun prayer activity! (Park the car in a cave, drawn at the end of the map.)

## Palm Sunday – Praying in Colour

Draw a large cross, not too wide, the size of the paper with interlocking small curves & lines, make copies for all the children. Put out markers or crayons.

Tell the children that as you read the passion story you want them to pray with Jesus as you hear His story. They will make a stain glass cross, by colouring in the different sections.

Have the room quiet. If they are still colouring when you finish reading, turn on a spiritual music CD. Have the children place both their hands on their picture and close their eyes. Pray:

Dear sweet Jesus may this picture I have coloured be a reminder for me that YOU are the light of the world!

## Highway Signs

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*You may cut out these highway signs if you prefer.*

